

Psychology Today explains that the phrase “glass child” is a term describing the siblings of children with disabilities or chronic illnesses. Between medical care, doctors’ appointments, and therapies, a disabled child takes most of the parents’ time and energy. But, where does this leave the siblings? They too need support and love. When glass children’s needs are not fulfilled, they may feel completely alone. This presentation calls attention to the reality glass children are living in. Through the poetry Glass Child by Mikaela9, Glass Child by Barbara, The Glass Child by lilyspoems, Belonging by Rosemerry Wahtola Trommer, and It feels like the sky is coming apart and together at the same time by Maya Stein, the book Being the Other One by Kate Stroh, various songs from Next to Normal, an essay by Tayvie Van Eeuwen, and articles by Cleveland Clinic and Verywell Mind, we experience how glass children navigate life. Ballad of Cracked Glass: a reminder to glass children that you are not alone.